

Available for in-Studio interview

## **WARNING: If You Do Any of These 3 Things, You are Likely to Get Alzheimer's or Dementia**

Ronald Reagan, Margaret Thatcher, and Nelson Mandela are famous examples of people with Alzheimer's. According to the Alzheimer's Association, 1 out of 8 Americans will be afflicted with this disease.

Dr. Jay Sordean, author of *SUPER BRAIN: Maximize Your Brain Health for a Better Life*, states "There are 3 things that are very likely to give you Alzheimer's."



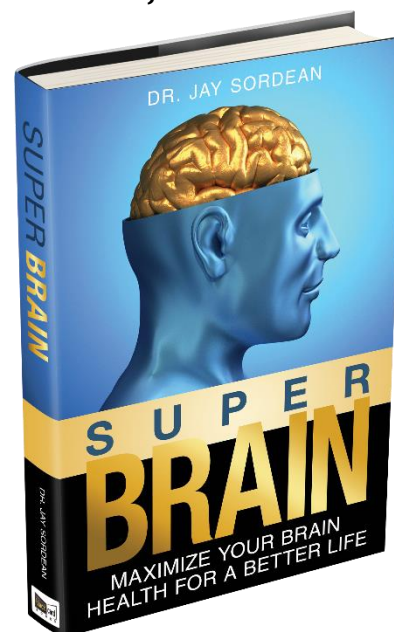
1. "The John Belushi" - Being overweight
2. "The Prince Charles" Poor dental care **B-ROLL:**
3. "The 3 Stooges" Trivializing head & neck injuries  
**PROP: Human Brain & Water Bottle**

### **Dr. Jay's BRAIN Formula for Memory Enhancement**

**B**lood Circulation  
**R**emove Toxins  
**A**void Sugar  
**I**nflammation  
**N**ames



**DR. JAY SORDEAN** is a licensed natural medicine practitioner of 30+ years, and author of *SUPER BRAIN: Maximize Your Brain Health for a Better Life*.



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